



# WHAT IS XYLITOL?

For pet owners, veterinarians, and individuals interested in learning relevant information about Xylitol.

- **What is Xylitol?**

Xylitol is a naturally occurring sugar alcohol found in the cellulose of wood, sugar cane pulp, certain seed hulls, and/or corn cobs that can promote optimal oral health.

- **Is Xylitol safe for teeth?**

Xylitol is safe for teeth and helps reduce bacteria in the mouth associated with gingivitis.

- **Any toxic effects of Xylitol?**

No. Xylitol is recognized by the U.S. Food and Drug Administration as a safe food sweetener for people. Large amounts of Xylitol taken at one time can produce temporary laxative effects in some individuals.

- **Is Xylitol safe for animals?**

While Xylitol is safe for humans, it should never be fed to animals and pets, in particular dogs, ferrets, and rabbits. Xylitol can cause an extremely rapid blood sugar drop or liver failure that may be life-threatening for pets. If Xylitol is ingested by pets, please seek veterinary medical attention immediately.

For any additional questions, please contact  
Natrol customer service at **1-800-262-8765**.

Natrol Products Containing Xylitol	Xylitol Amt Per Tablet (mg)	UPC Code
5 HTP Fast Dissolve Mixed Berry 100 mg Tablet	810 mg	047469060442
Advanced Melatonin Calm Sleep Fast Dissolve Strawberry 6 mg Tablet	280 mg	047469060466
B Complex Fast Dissolve Coconut Flavor Tablet	700 mg	047469063313
Biotin Fast Dissolve Strawberry 1,000 mcg Tablet	320 mg	047469060770
Biotin Fast Dissolve Strawberry 5,000 mcg Tablet	320 mg	047469063238
Biotin Fast Dissolve Strawberry 10,000 mcg Tablet	320 mg	047469068851
Cranberry Fast Dissolve 250 mg Tablet	830 mg	047469063306
Kids Melatonin Fast Dissolve Strawberry 1 mg Tablet	240 mg	047469075293
Magnesium High Potency Cranberry Apple 250mg Tablet	1000 mg	047469070663
Melatonin Fast Dissolve Strawberry 1 mg Tablet	290 mg	047469063245
Melatonin Fast Dissolve Strawberry 3 mg Tablet	290 mg	047469060763
Melatonin Fast Dissolve Strawberry 5mg Tablet	240 mg	047469058654
Melatonin Max Strength Fast Dissolve Citrus Punch 10 mg Tablet	290 mg	047469071660
Vitamin B12 Fast Dissolve Strawberry 5000 mcg Tablet	300 mg	047469066727
Vitamin D3 Fast Dissolve Strawberry 2000 IU Tablet	300 mg	047469058890
Vitamin D3 Fast Dissolve Strawberry 5000 IU Tablet	300 mg	047469058913